

De-acidify every day with Alka®

Compensate for the acidifying effects of daily life with Alka®. Alka® products have been developed especially to promote the removal of acid waste from your body. The great thing about Alka® is that all products either can be taken separately, or can be combined with one another. This means you can de-acidify your body more or less intensively depending on what suits your circumstances and life-style. De-acidifying with Alka® is about enjoying an active life in a responsible way.



Supplements to balance your pH



Alka® Tabs Original

The potassium bicarbonate and sodium bicarbonate in Alka® Tabs Original neutralize acid waste in your body. The tablets with a special gastro-resistant coating are gradually absorbed into the intestines.

Alka® Tabs Magnesium

The dual effect of the gastro-resistant Alka® Tabs Magnesium neutralizes the acids in your body and at the same time add extra ionized magnesium.



Alka® Tabs Calcium

Alka® Tabs Calcium has a double effect. It dissolves acidic waste in your body and at the same time adds ionized calcium to your body.



Nutritional products to balance your pH

Alka® Tea

Enjoy and deacidify at the same time with this delicious herbal tea. Alka® Tea contains no less than 52 alkaline herbs and helps to remove acidic waste.



Alka® Minerals

Counteract mineral deficiency caused by acidification and improve the alkaline balance in your body. With Alka® Minerals capsules you replenish all alkaline minerals.



Alka® Greens

With Alka® Greens you will have a tasty green smoothie filled with alkaline nutrients, vitamins and minerals straight from nature. You will improve your pH balance, experience extra energy and support your immune system and digestion.



Skincare products to balance your pH

Alka® Bath

Help your skin, the largest drainage organ of your body, to remove all acids. Alka® Bath deacidifies, mineralises and soothes your skin and body. Also ideal for small children.



Alka® Scrub

Remove dead skin cells and neutralize acid waste on the skin with Alka® Scrub. The 5 different oils soothe and protect your skin. Your skin becomes radiant and supple again.



Alka® Crème

Indulge your skin with Alka® Crème. This unique alkaline care is a treat for normal skin and ideal for problematic skin or skin recovery. Suitable for day and night for both body and face.



Alka® Drops

PH BOOSTER DROPS

Balance your pH!

Supports a healthy acid-base balance*



Make your own alkaline water easily

*zinc
Content: 55ml





The de-acidifying power of Alka® Drops

Our modern lifestyle, personal health situations and living environment have a large impact on the acidification of our body. Accumulated acids can seriously disrupt your body's metabolism. A good acid-base balance is essential for your daily health. **Alka® Drops** de-acidifies your body by neutralizing and eliminating accumulated acid waste. Experience the alkalizing power of a few drops in a glass of drinking water. **Alka® Drops** can be used on a daily basis to maintain an optimal acid-alkaline balance, which is essential for a healthy life.

How does Alka® Drops work?

A glass of water containing **Alka® Drops** temporarily changes the acidity level in the stomach. The body corrects this by quickly producing more acid for the stomach. At the same time, the cells in the stomach wall then simultaneously release a substance called sodium bicarbonate into the blood. This means a net increase in the level of sodium bicarbonate in the body, so the build-ups of acid waste in your body can now be neutralized and released.



Getting started

The recommended daily dose is 4 times 1 glass of water with 4 drops. Shake before use. Open the child resistant cap of the bottle by pushing down the cap and then unscrewing it. Add, by gently squeezing the bottle, 4 drops to a glass of water of about 200 ml. Shortly stir and then drink the whole glass of water within 1 minute. Preferably take on an empty stomach.



Alka® Drops are easy to use:

Using **Alka® Drops** easily becomes a part of your daily routine. Excellent moments to take the **Alka® Drops** for example are 30 minutes before breakfast, 30 minutes before lunch, 30 minutes before dinner and an hour before going to bed.

You could also fill a bottle with drinking water and add 20 drops to 1 litre or 30 drops to 1.5 litre of water. You can take this bottle with you for travelling or for work.

What you need to know before using Alka® Drops

Because of the high hydroxide concentrations in **Alka® Drops**, do not put the drops undiluted in the eyes, mouth or on the skin. In case of contact, rinse well with water. Possible wounds or irritations caused by contact with undiluted drops, recover by itself. In case of contact with the eyes, rinse well with water and contact your physician immediately.



Personal advice?

Call our **Alka® health line**:

☎ EU: +31 (0)40 30 400 17

☎ UK: (020) 3514 0852

Our **Alka® coaches** are available every weekdays from 09:00 to 17:30 to offer you the best service.

Website and webshop:

www.alka.eu | www.alkavitae.co.uk

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